



ARU MAITRI
WELLNESS PVT. LTD

PRODUCT BOOK

Wellness Revolution Towards our Nation



www.arumaitriwellness.com



Ayurveda, or ayurvedic medicine, is a healthy-lifestyle system that people in India have used for more than 5,000 years. Ayurveda emphasizes good health and prevention and treatment of illness through lifestyle practices (such as massage, meditation, yoga, and dietary changes) and the use of herbal remedies.

Ayurvedic medicine is holistic, which means viewing the body and mind as a whole. Ayurveda not only treats a person's physical complaints, but it also changes lifestyle practices to help maintain or improve health.

According to ayurveda, the five elements of nature (space, air, fire, water, earth) combine in the body as three components (doshas) known as Vatta, Pitta, and Kapha. These doshas relate closely to the basic elements of nature and to specific functions of the body. A balance of these doshas is thought to be required for optimal health.



ARUMAITRI WELLNESS is the new name of innovation in Wellness industry. It is emerged from the passion and hard work of Director's of this Organisation.

AMW is hall mark of innovation, tradition, technology and Network Marketing Professional blended together from the science of Ayurvedic Wellness.

Our Vision is to transform lives through Wellness, **AMW** is driven through intrinsic motivation to offer the best Ayurvedic Wellness Products across the Globe. We think that taking Pills is not the solution for long term illness and one cannot achieve wellness without focusing on the whole being.

At **AMW**, we strive to preserve the maximum amount of natural nutrients during the whole process, from selection of seeds to the complete **AMW** product that reaches you. To this end, we and our manufacturer work very closely with farmers, healthcare professionals, scientists and researchers. We insist on using ingredients of the highest quality by selecting the best seeds; planting in rich, non-polluted and fertile soil taking care of, cultivating and picking with great care. Clean and dry herbs are harvested in the prime of their season to give you the best quality product processed and packed hygienically to reach you fresh and ready to use care. Clean and dry herbs are harvested in the prime of their season to give you the best quality product processed and packed hygienically to reach you fresh and ready to use.

दोस्तों नमस्कार।

दोस्तों 1990 से मैं व्यवसाय से ही जुड़ा हूँ, और हमेशा व्यवसाय के जरिये समाज सेवा ही किया, जैसे बच्चों के लिए विद्यालय और एक NGO जिसके जरिये लोगों की लीगल समस्याओं का समाधान किया, साथ के साथ डायरेक्ट सेलिंग की कई कंपनी के साथ जुड़ा और धीरे धीरे कई कंपनियों को मार्गदर्शन दिया और कुछ मित्रों के साथ अपनी कंपनी भी चलाया और प्रत्येक अनुभव के बाद हमने ये निर्णय लिया की आज समाज की सबसे बड़ी समस्या (बीमारी और बेरोजगारी) पे काम किया जाए, जिसमें बीमारी के लिए प्रचीन् आयुर्वेदिक उत्पाद और रोजगार के लिए डायरेक्ट सेलिंग व्यवसाय को अपनाया।

मेरा हमेशा से यही मानना रहा है की ऐसा सिस्टम बनाया जाय जो पीढ़ी दर पीढ़ी चलता रहे और समाज के भलाई के लिए मैं और मेरा अनुभव हमेशा काम आए।

आप लोग मेरे विज्ञान के साथ जुड़ रहे है इसका मैं हमेशा आभारी रहूंगा।

MR. R. K. PANDEY
CHAIRMAN
AMW PVT. LTD.

I am **Er. Mayank Pandey**, Your CEO and Founder of **AMW Pvt. Ltd.**

After having Degree in Electronics Engineering I worked with Top Core companies, Training sector's and with many top level Multi Network & Insurance companies till 2016, after that I came in field of Direct selling and started carrier on Managerial level. Very soon I became the CEO because of my smart and hard work. I always believe in determination, dedication, hard work.

I always love to be the down to earth. I am having my Father's Experience along with my own, which makes me better understanding & favourable as a leader. I'm also good at getting right ideas and right people, However, I and you both can produce great market results together, that's why I surely need your utmost commitment and cooperation.

At **AMW Pvt. Ltd.** we believe in empowering individuals and offer a Perfect and Promising business opportunity to everyone who wants to do their own business to fulfill their dreams.

At **AMW Pvt. Ltd.** we all, as a team are committed to passionately work day and night towards the fulfilment of your dreams and aspirations.

I once again congratulate you all for choosing **AMW Pvt. Ltd.** to be the medium of your successful future. I'm Excited to work with all of you

ER. MAYANK PANDEY
FOUNDER & CEO
AMW PVT. LTD.

Welcome to

WELLNESS\$ REVOLUTION PROGRAM

about

LIFESTYLE 'RELATED' DISEASES

by

ARUMAITRI WELLNESS\$ PVT. LTD.

आयुर्वेद अपनाइये..... बीमारी और बेरोजगारी..... दोनों को दूर भगाइये

WELLNESS REVOLUTION TOWARDS OUR NATION

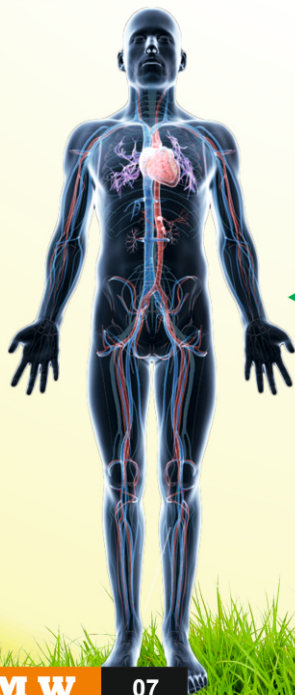


- ➡ We Want to be healthy.
- ➡ We want to live longer.
- ➡ We want to give our family Health and Happiness through WELLNESS



ARU MAITRI
WELLNESS PVT. LTD

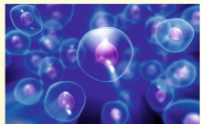
BODY COMPOSITION



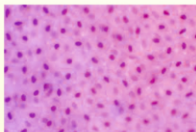
What happens when the amount of these elements in the body are UNBALANCED?

OTHER RELATED DISEASES LINE

Diabetes, Blood Pressure, Digestive System Disorder, Heart Disease, Bone & Joint Disorder, Eye Problem, Body Aches, Loss of Memory, Hair Loss.....



CELLS



TISSUES



ORGANS



BODY



ARU MAITRI
WELLNESS PVT. LTD

LIFE FEW DECADES BACK AND TODAY

EARLIER

LIVE LONGER

DIE EARLY



TODAY

LIVE EARLY

DIE LONGER



ARE YOU REALLY HEALTHY





World Health Organization

- ➔ India is the **Diabetic** capital of the World.
- ➔ India is the **Cancer** capital of the World.
- ➔ 67% Indians are dying because of **Heart Decease**.
- ➔ India is the **Blood Pressure** capital of the World.
- ➔ 85% Indians are having **Digestive Disorders**.
- ➔ Every one out of the six Indian will have **Drain Disorder** in his lifetime.





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PAST

Malaria

Chicken Pox

Small Pox

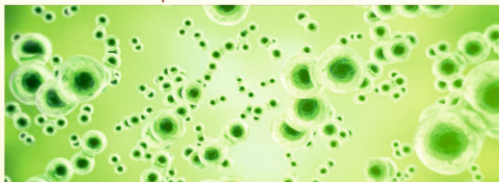
Plague

Diphtheria

Cholera

Tuberculosis

Whooping Cough



Cause: Micro Organism

**Cause: Life style the
way we live**

PRESENT

Osteoporosis

Asthma

Diabetes

Stroke

Cancer

Hypertension

Cardio Vascular Disease

Corona

What went wrong?

Earlier the food what we ate was as good as *Medicine*,
but today the food what we eat is as good as *Slow Poison*



- What your body needs?
- Vitamins
- Trace Elements
- Minerals
- Carbohydrate
- Fibers
- Unsaturated Fat
- Proteins
- Amino Acids
- Enzymes
- Herbs
- Water



What your body daily gets?

Refined products, Meats, Animals Products,
Fast Food, Vegetables / Fruits, Salt, Sugar,
Cholesterol, Caffeine, Alcohol, Medication,
Food Additive, Pesticides

Reason for 98% of lifestyle disease



ARU MAITRI
WELLNESS PVT. LTD

Our Mission is to spread

**HEALTH
WEALTH
& HAPPINESS
THROUGH
WELLNESS**





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WELLNESS 24

Product Code: AMWL-1001

Unit: 60 Capsules

DP: 1500

BV: 500

M.R.P.: 1999/-



WELLNESS 24

(MULTI HERBS CAPSULE)

6 POTENTIAL AYURVEDIC HERB:



Ganoderma:

The Ganoderma (Reishi Mushroom) also known as Ganoderma lucidum and lingzhi, is a fungus that grows in various hot and humid locations in Asia (1Trusted Source). For many years, this fungus has been a staple in Eastern medicine

Benefits of Ganoderma:

1. Boost the Immune System.
2. Anti-Cancer Properties.
3. Could Fight Fatigue and Depression.
4. Heart Health.
5. Blood Sugar Control.
6. Antioxidant Status.



Catuaba:

Catuaba is a **herbal bark**. People use this bark to make medicine. Catuaba is used to boost sexual arousal and treat male sexual performance problems. It is also used for agitation, trouble sleeping related to high blood pressure, nervousness, ongoing mental and physical fatigue (neurasthenia), poor memory or forgetfulness, skin cancer; and as a tonic.

Benefits of Catuaba:

1. Male Sexual Performance Problems.
2. Anxiety.
3. Exhaustion.
4. Fatigue.
5. Sleeplessness.
6. Nervousness.
7. Poor Memory Or Forgetfulness.
8. Skin Cancer.



Silymarin:

The active ingredients in milk thistle are a group of plant compounds collectively known as Silymarin (1Trusted Source). Its herbal remedy is known as milk thistle extract. Milk thistle extract has a high amount of Silymarin (between 65–80%) that has been concentrated from the milk thistle plant. The Silymarin extracted from milk thistle is known to have antioxidant, antiviral and anti-inflammatory properties (2 Trusted Source, 3 Trusted Source, 4 Trusted Source). In fact, it has traditionally been used to treat liver and gallbladder disorders, promote breast milk production, prevent and treat cancer and even protect the liver from snake bites, alcohol and other environmental poisons.

Benefits of Silymarin:

1. Milk Thistle Protects Your Liver.
2. It May Help Prevent Age-Related Decline in Brain Function.
3. Milk Thistle Could Protect Your Bones.
4. It May Improve Cancer Treatment.
5. It Can Boost Breast Milk Production.
6. It Could Help Treat Acne.



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6 POTENTIAL AYURVEDIC HERB:

Ginseng:

Ginseng is a plant. Different varieties of ginseng root have been used as treatments in Asia and North America for centuries. Ginseng is one of the most popular herbal medicines in the world.

Benefits of Ginseng

1. Build immunity.
2. Regulate Blood Sugar.
3. Improve Focus.
4. Cancer.
5. Heart Disease.
6. Fatigue.
7. Erectile dysfunction.
8. Hepatitis C.
9. High Blood Pressure.
10. Menopausal Symptoms.

Ashwagandha:

Ashwagandha might be translated as 'strength of a thousand horses,' but its action is quite a bit more gentle and foundational than the image conjured up by the translation! Unlike more stimulating herbs, such as ginseng or eleuthero, Ashwagandha is a slow, restorative builder. There's no big rush of energy, which means there's no corresponding crash of energy running out. Instead, each day you have a little more resilience than the day before – until, after a while, you feel like your old self again! Ashwagandha is particularly appropriate in cases of extended exhaustion, depletion, and deficiency."

Benefits of Ashwagandha:

1. Helps With Restful Sleep.
2. Stress Relief & Overall Well-Being.
3. Immune Support.
4. Memory & Cognitive Support.
5. Thyroid Support.
6. Healthy Energy Levels.
7. May Support Healthy Blood Sugar Levels.
8. Counteracts Oxidative Stress.
9. Hormone & Reproductive Support.

Safed Musli:

Musli, commonly known as Safed Musli is a rare Indian herb and also a popular magical folk remedy that has immense healing properties. Famed for its powerful aphrodisiac and adaptogenic effects, this herb is extensively used in all types of healing procedures, be it Ayurveda, Siddha, Unani, Homeopathy or Chinese medicines for boosting libido, curing sexual weakness, treating erectile dysfunction, impotence, relieving stress, reducing inflammation and many more.

Benefits of Safed Musli:

1. It's Healthier Than Other Cereals.
2. It's High in Fiber and Whole Grains.
3. You'll Stay Fuller, Longer.
4. It's Good for Your Heart.
5. You'll Consume More Nutrients.
6. It's Satisfying.
7. You Can add Protein.

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(MULTI HERBS CAPSULE)

6 Type of Green Supplements (Super food)

Alfa Alfa:

Alfa Alfa is an herb. People use the leaves, sprouts, and seeds to make medicine. Alfa Alfa is used for kidney conditions, bladder and prostate conditions, and to increase urine flow. It is also used for high cholesterol, asthma, osteoarthritis, rheumatoid arthritis, diabetes, upset stomach, and a bleeding disorder called thrombocytopenic purpura. People also take alfa alfa as a source of vitamins A, C, E, and K4 and minerals calcium, potassium, phosphorus, and iron.

Benefits of Alfa Alfa:

1. Alfa Alfa benefits for skin care.
2. Alfa Alfa supplement for hair growth.
3. Alfa Alfa sprouts good for cholesterol.
4. Alfa Alfa contain digestive enzymes.
5. Alfa Alfa for detox.
6. Alfa Alfa supplement good for cancer patients.
7. Alfa Alfa good for kidney problems & Urinary health.
8. Alfa Alfa reduce heavy bleeding.
9. Use alfa alfa for lower blood pressure.
10. Alfa Alfa prevents kidney stones.

Kale:

Kale is a large, leafy green you can eat raw or cooked. This super food has been on dinner plates since Roman times and has long been common across much of Europe. The vegetable hails from the cabbage family, which also includes broccoli, cauliflower, and collards. Kale is more popular than ever, and it's packed with vitamins and minerals.

Benefits of Kale:

1. Vitamin A (Important for eye, bone health and strong immune system).
2. Vitamin B (Key for brain development).
3. Vitamin C (Aids in cold and chronic disease prevention).
4. Vitamin K (Good for blood clotting and bone building).
5. Lower Cholesterol.
6. Prevent Cancer.
7. Lose Weight.

Spinach:

If Popeye the Sailor Man could get his strength from spinach, you could too because this leafy vegetable is considered a superfood. The reason why spinach is considered a super food is because of the loads of nutrients and low-calorie that it possesses. This leafy veggie also benefits your skin, hair and bones. Some of the powerful health benefits of spinach are that this vegetable helps stabilise your blood glucose levels, helps in reducing your risk of developing cancer, prevents you from cancer and good for bone health. One vegetable with so many health benefits is amazing and our ancestors were not wrong in propagating its uses for the human body.

Benefits of Spinach

1. Prevents Cancer.
2. Reduces Blood Sugar.
3. Aids in Good Bone Health.
4. Aids in Weight Loss.
5. Good For Your Eyes.
6. Reduces Hypertension.
7. Has Anti-inflammatory Properties.
8. Keeps Your Body Relaxed.
9. Natural Anti-Ageing Properties.
10. Boosts Your Immunity.
11. Prevents Anaemia.
12. Glowing Skin.
13. Prevents Acne.

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6 Type of Green supplements (Super food)

Spirulina:

Spirulina is a blue-green algae, and is believed to be one of the oldest life forms on Earth. First used by the Aztecs as an endurance-booster, spirulina is considered a superfood — an all-in-one source of nutrients including protein levels comparable to eggs. Spirulina is a potent source of nutrients. It contains a powerful plant-based protein called phycocyanin. Research shows this may have antioxidant, pain-relief, anti-inflammatory, and brain-protective properties.

Benefits of Spirulina:

1. Powerful Antioxidant and Anti-Inflammatory Properties.
2. Lower "Bad" LDL and Triglyceride Levels.
3. Protects "Bad" LDL Cholesterol From Oxidation.
4. Anti-Cancer Properties.
5. Reduce Blood Pressure.
6. Improves Symptoms of Allergic Rhinitis.
7. Effective Against Anemia.
8. Improve Muscle Strength and Endurance.

Moringa :

Moringa tree is also known as the 'miracle tree' and there is a good reason why. The leaves, fruit, sap, oil, roots, bark, seeds, pod and flowers of the tree have medicinal properties. The products from the tree have many uses. It is also known as the 'drumstick tree'. It is found mostly in Asia, Africa, and South America. The moringa leaves are nutritionally very rich, leaving behind carrots, oranges and even milk in terms of nutrition value. The leaves find many uses in Indian cuisine as they are versatile and can be incorporated in the diet in many ways. Adding them to juices and using them as a stir-fry vegetable are the most common ways in which they are eaten.

Benefits of Moringa:

1. Rich in Vitamins and Minerals.
2. Rich in Amino Acids.
3. Fight Inflammation.
4. Rich in Antioxidants.
5. Lower Blood Sugar Levels.
6. Lowers Cholesterol.
7. Protects the Liver.
8. Protects Against Arsenic Toxicity.
9. Good for the Stomach.
10. Improves Bone health.
11. An Antiseptic.
12. Improve Lactation.
13. Helps in Weight Management.
14. Good for Skin and Hair.
15. Good for Nervous System.
16. Good for Detoxification.

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WELLNESS 24

(MULTI HERBS CAPSULE)

Wheatgrass:

Wheatgrass may resemble a thin blade of grass, but wheatgrass packs a powerhouse of nutrients. An ounce – about 28 gm – of this green elixir is packed with nutrition – containing 8 gm of protein and dietary fiber each, 240% of the RDA of vitamin A, 93% of the RDA of vitamin C, 356% of the RDA of iron, and 12% of the RDA of calcium, it has the nutritional equivalent of 2.5 pounds of the best raw organic vegetables, and is only 120 calories!

It's nutritional value doesn't just end there! Comprising of 98 of the 102 earth elements found in soil, including calcium, iron, magnesium, potassium and phosphorus along with essential enzymes and 19 amino acids, wheatgrass is a power packed supplement! Made up of 70% chlorophyll, the life-blood of plants, wheatgrass is nature's finest medicine. From helping with weight loss to improving overall health, skin and hair, wheatgrass benefits are multifold.

Benefits of Wheatgrass

1. It facilitates digestion.
2. It reduces food cravings.
3. It helps with weight loss.
4. It helps you detox.
5. It improves immunity.
6. It works against diabetes.
7. It lowers inflammation.
8. It prevents varicose veins.
9. It can help de-stress and fight depression.
10. It averts dental problems.
11. It can treat hemorrhoids.
12. It can rid your skin of acne.
13. It helps stimulate circulation.
14. It has antiseptic properties.
15. It offers anti-aging benefits.
16. It rids the body of odours.
17. Use it to treat dandruff and scalp problems.
18. It improves hair quality.
19. It promotes hair growth.
20. It reduces greying of hair.
21. Applying wheatgrass powder on your scalp can prevent greying of hair.



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(MULTI HERBS CAPSULE)

6 TYPE OF FRUITS/BERRIES:



Acai berry:

The acai berry is an inch-long, reddish-purple fruit. It comes from the acai palm tree, which is native to Central and South America. Some studies show that acai fruit pulp is even richer in antioxidants than cranberries, raspberries, blackberries, strawberries, or blueberries.

Benefits of Acai berry

1. Nutrient-Dense.
2. Loaded With Antioxidants.
3. May Improve Cholesterol Levels.
4. May Have a Possible Anti-Cancer Effect.
5. Boost Brain Function.



Cranberry:

Many people consider cranberries to be a superfood due to their high nutrient and antioxidant content. In fact, research has linked the nutrients in cranberries to a lower risk of urinary tract infection (UTI), the prevention of certain types of cancer, improved immune function, and decreased blood pressure.

Benefits of Cranberry

1. They're high in antioxidants.
2. Protect against liver disease.
3. Lower blood pressure.
4. Improve eyesight.
5. Improve cardiovascular health.



They keep your mouth healthy. Just like in your digestive system, cranberries help control harmful acids in your mouth. They lessen the amount of acid you make and keep it from sticking to your teeth. This helps stop cavities, gum disease, tooth decay, and even oral cancer.

Raspberry:

Raspberries pack a lot of nutrition into a small space. They provide potassium, essential to heart function, and proven to lower blood pressure. The omega-3 fatty acids in raspberries can help prevent stroke and heart disease.

Benefits of Raspberry:

1. Benefits heart function.
2. Proven to lower blood pressure.
3. Benefits for bones, skin and regulator blood sugar.
4. Diabetes Management.
5. Disease Prevention.
6. Healthy Skin.
7. Aging process, arthritis, cancer, heart disease, Alzheimer's disease.



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6 TYPE OF FRUITS/BERRIES:



Blueberry:

Blueberries are low in calories but high in nutrients the blueberry is a very popular berry. It is low in calories but high in fiber, vitamin c and vitamin k. Blueberries are the king of antioxidant foods. Blueberries have the highest antioxidant capacity of all the popular fruits and vegetables. Flavonoids appear to be the berries' antioxidant with the greatest impact. Blueberries reduce DNA damage, which may help protect against aging and cancer. Several studies suggest that blueberries and blueberry juice reduce DNA damage, which is a leading driver of aging and cancer. Blueberries protect cholesterol in your blood from becoming damaged. The antioxidants in blueberries have been shown to reduce a predominant risk factor for heart disease by preventing oxidative damage to "bad" LDL cholesterol.



Goji berry:

The goji berry, also called the wolfberry, is a bright orange-red berry that comes from a shrub that's native to China. In Asia, goji berries have been eaten for generations in the hope of living longer. Over time, people have used goji berries to try to treat many common health problems like diabetes, high blood pressure, fever, and age-related eye problems. Goji berries, which some brand a "superfood," are eaten raw, cooked, or dried (like raisins) and are used in herbal teas, juices, wines, and medicines.



Benefits of Goji berry:

1. A feeling of well-being and calmness.
2. Better athletic performance.
3. Better sleep.
4. A boost to your immune system.
5. Higher antioxidant levels
6. Improves depression, anxiety, and sleep.
7. Protects the eyes.
8. Provides immune system support.
9. Protects against cancer.
10. Promotes healthy skin.
11. Stabilizes blood sugar.



Lingonberry:

Lingonberries are rich in compounds that function as antioxidants, including manganese, vitamin C, vitamin E, and certain plant compounds, such as anthocyanins and quercetin. Eating lingonberries may trigger changes in the makeup of your gut bacteria, helping protect against low-grade inflammation. This may reduce your risk of chronic diseases.



Benefits of Lingonberry:

1. High in Antioxidants.
2. May Promote Healthy Gut Bacteria.
3. May Aid Weight Control.
4. May Support Heart Health.
5. May Protect Eye Health.
6. May Reduce Cancer Risk.
7. Brightens up Your Diet.
8. High in Antioxidants.
9. May Promote Healthy Gut Bacteria.
10. May Aid Weight Control.
11. Promotes Healthy Blood Sugar Levels.
12. Support Heart Health.
13. May Reduce Cancer Risk.
14. Brain health.
15. Antiviral.
16. Prevents liver damage .
17. Urinary tract infections (UTIs) .
18. Kidney protection.
19. Food preservation.
20. Oral health.



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WELLNESS 24 (MULTI HERBS CAPSULE)

6 TYPE OF FRUITS/VAGETABLES:



Tomato:

Tomatoes are the major dietary source of the antioxidant lycopene, which has been linked to many health benefits, including reduced risk of heart disease and cancer. They are also a great source of vitamin C, potassium, folate, and vitamin K.



Beet Root:

Benefits of Beet Root

1. Helps lower blood pressure. Beet juice may help lower your blood pressure.
2. Improves exercise stamina.
3. May improve muscle power in people with heart failure.
4. May slow the progression of dementia.
5. Helps you maintain a healthy weight.
6. May prevent cancer.
7. Good source of potassium.
8. Good source of other minerals.



Capsicum:

Benefits of Raspberry:

1. Good for your heart. Lycopene, a phytonutrient, in the red capsicum keeps your heart healthy.
2. Improves metabolism.
3. Lowers the risk of cancer.
4. Antioxidant Properties.
5. Improves immunity.
6. Relieves pain.
7. Cures iron deficiency.



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6 TYPE OF FRUITS/VEGETABLES:



Broccoli:

Broccoli is a good source of fibre and protein, and contains iron, potassium, calcium, selenium and magnesium as well as the vitamins A, C, E, K and a good array of 8 vitamins including folic acid.

Packed With Vitamins, Minerals and Bioactive Compounds

One cup (91 grams) of raw broccoli packs (1):

Carbs: 6 grams
Protein: 2.6 gram
Fat: 0.3 grams
Fiber: 2.4 grams

Vitamin C: 135% of the RDI
Vitamin A: 11% of the RDI
Vitamin K: 116% of the RDI
Vitamin B9 (Folate): 14% of the RDI

Potassium: 8% of the RDI
Phosphorus: 6% of the RDI
Selenium: 3% of the RDI



Contains potent antioxidants that offer health-protective effects, bioactive compounds may contribute to reduced inflammation, may protect against certain types of cancer (Breast, Prostate, Gastric/stomach, Colorectal Renal/kidney Bladder)
Antioxidants and Fiber May Aid Blood Sugar Control, May Support Heart Health in a Variety of Ways

Carrot:

The fiber in carrots can help keep blood sugar levels under control. And they're loaded with vitamin A and beta-carotene, which there's evidence to suggest can lower your diabetes risk. They can strengthen your bones. Carrots have calcium and vitamin K, both of which are important for bone health.

Health Benefits of Carrots

1. Good for your eyes.
2. Lower your risk of cancer.
3. Help your heart.
4. Boost your immune system.
5. Can help with constipation.
6. Can help control diabetes.
7. Can strengthen your bones.



Garlic:

Health Benefits of Garlic

1. Garlic May Help Lower Blood Pressure.
2. Garlic May Help Quell Inflammation.
3. Garlic May Help Lower Cholesterol.
4. Garlic May Support Immune Function.
5. Garlic May Reduce Blood Clotting.
6. Garlic Provides a Host of Antioxidants.



24 Herbs Care
Hours
one stop solution to
all diseases of the body



ARU MAITRI
WELLNESS PVT. LTD

WELLNESS MULTIBERRY

Product Code: AMWL-1002

Unit: 1 Litre

DP: 1500

BV: 500

M.R.P.: 1999/-



1. BERRIES

Acaiberry:

The acaiberry is an inch-long, reddish-purple fruit. It comes from the acai palm tree, which is native to Central and South America. Some studies show that acai fruit pulp is even richer in antioxidants than cranberries, raspberries, blackberries, strawberries, or blueberries.

Benefits of Acaiberry

1. Nutrient-Dense.
2. Loaded With Antioxidants.
3. May Improve Cholesterol Levels.
4. May Have a Possible Anti-Cancer Effect.
5. Boost Brain Function.

Cranberry:

Many people consider cranberries to be a superfood due to their high nutrient and antioxidant content. In fact, research has linked the nutrients in cranberries to a lower risk of urinary tract infection (UTI), the prevention of certain types of cancer, improved immune function, and decreased blood pressure.

Benefits of Cranberry

1. They're high in antioxidants.
2. Protect against liver disease.
3. Lower blood pressure.
4. Improve eyesight.
5. Improve cardiovascular health.

They keep your mouth healthy. Just like in your digestive system, cranberries help control harmful acids in your mouth. They lessen the amount of acid you make and keep it from sticking to your teeth. This helps stop cavities, gum disease, tooth decay, and even oral cancer.



Raspberry:

Raspberries pack a lot of nutrition into a small space. They provide potassium, essential to heart function, and proven to lower blood pressure. The omega-3 fatty acids in raspberries can help prevent stroke and heart disease.

Benefits of Raspberry:

1. Benefits heart function.
2. Proven to lower blood pressure.
3. Benefits for bones, skin and regulator blood sugar.
4. Diabetes Management.
5. Disease Prevention.
6. Healthy Skin.
7. Aging process, arthritis, cancer, heart disease, Alzheimer's disease.



WELLNESS MULTIBERRY

(SUPER NATURAL JUICE)

27 Berry Care
24 Hours

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WELLNESS MULTIBERRY

(SUPER NATURAL JUICE)

Blueberry:

Blueberries are low in calories but high in nutrients the blueberry is a very popular berry. It is low in calories but high in fiber, vitamin c and vitamin k. Blueberries are the king of antioxidant foods. Blueberries have the highest antioxidant capacity of all the popular fruits and vegetables. Flavonoids appear to be the berries' antioxidant with the greatest impact. Blueberries reduce DNA damage, which may help protect against aging and cancer. Several studies suggest that blueberries and blueberry juice reduce DNA damage, which is a leading driver of aging and cancer. Blueberries protect cholesterol in your blood from becoming damaged. The antioxidants in blueberries have been shown to reduce a predominant risk factor for heart disease by preventing oxidative damage to "bad" LDL cholesterol.

Goji berry:

The goji berry, also called the wolfberry, is a bright orange-red berry that comes from a shrub that's native to China. In Asia, goji berries have been eaten for generations in the hope of living longer. Over time, people have used goji berries to try to treat many common health problems like diabetes, high blood pressure, fever, and age-related eye problems. Goji berries, which some brand a "superfood," are eaten raw, cooked, or dried (like raisins) and are used in herbal teas, juices, wines, and medicines.

Benefits of Goji berry:

1. A feeling of well-being and calmness.
2. Better athletic performance.
3. Better sleep.
4. A boost to your immune system.
5. Higher antioxidant levels.
6. Improves depression, anxiety, and sleep.
7. Protects the eyes.
8. Provides immune system support.
9. Protects against cancer.
10. Promotes healthy skin.
11. Stabilizes blood sugar.

Lingonberry:

Lingonberries are rich in compounds that function as antioxidants, including manganese, vitamin C, vitamin E, and certain plant compounds, such as anthocyanins and quercetin. Eating lingonberries may trigger changes in the makeup of your gut bacteria, helping protect against low-grade inflammation. This may reduce your risk of chronic diseases.

Benefits of Lingonberry:

1. High in Antioxidants.
2. May Promote Healthy Gut Bacteria.
3. May Aid Weight Control.
4. May Support Heart Health.
5. May Protect Eye Health.
6. May Reduce Cancer Risk.
7. Brightens up Your Diet.
8. High in Antioxidants.
9. May Promote Healthy Gut Bacteria.
10. May Aid Weight Control.
11. Promotes Healthy Blood Sugar Levels.
12. Support Heart Health.
13. May Reduce Cancer Risk.
14. Brain health.
15. Antiviral.
16. Prevents liver damage.
17. Urinary tract infections (UTIs).
18. Kidney protection.
19. Food preservation.
20. Oral health.

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Barbadose Cherry:

Acerola is quite antioxidant-rich. Vitamin C also builds collagen, protects mucus membranes, and prevents scurvy. Vitamin C is important to keep the immune system functioning and help the body fight infections, viruses, and even cancer.



American Persimon:

American persimmon is a fruit that comes from certain trees in the genus Diospyros. Like the tomato, it is technically a berry but rarely considered one. American Persimmons are loaded with vitamins, minerals, antioxidants, and fiber

Benefits of American Persimon:

1. Loaded With Nutrients. Share on Pinterest.
2. Excellent Source of Powerful Antioxidants.
3. May Benefit Heart Health.
4. May Help Reduce Inflammation.
5. Rich in Fiber.
6. Support Healthy Vision.
7. Delicious and Easy to Add to Your Diet.



Bilberry:

Bilberry is used by mouth to treat poor circulation that can cause the legs to swell. Some people take bilberry for diabetes, high blood pressure, gout, urinary tract infections (UTIs), and many other conditions. Bilberry is also sometimes used by mouth to treat eye conditions such as disorders of the retina, cataracts, nearsightedness, and glaucoma. There is some evidence that bilberry may help retinal disorders, but there is no good scientific evidence that bilberry is effective for treating other eye conditions.



Aronia Berry:

Aronia berries are also a good source of vitamins and minerals, including: Vitamin C, Folate, B Complex Vitamins, Potassium, Calcium, Magnesium, Iron, Zinc.



Camu Berry:

Camu camu is used for viral infections including the common cold, eye conditions including cataracts, hardening of the arteries (atherosclerosis), chronic fatigue syndrome, and many other conditions. Some people use camu camu to increase energy and maintain healthy gums, eyes, immune system, and skin. People eat the fruit of camu camu as food.

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M.R.P.: 1999/-



Cupuacu

1. May support healthy skin.
2. Cupuacu butter is rich in healthy fats and serves as an excellent emollient that may help restore your skin's natural moisture barrier.
3. May keep your hair soft and healthy.
4. Rich in antioxidants and numerous nutrients.



Elderberry:

People have used elderberry for its health benefits for hundreds of years. Elderberry contains antioxidants, and many believe it can relieve colds, fight the flu, and boost the immune system. Fighting colds and flu, Treating acne, Reducing wrinkles

Mulberries:

Mulberries may lower cholesterol levels, help prevent fatty liver disease, and improve blood sugar control. They also decrease oxidative stress, which may reduce cancer risk.

Benefits of Mulberries:

1. Controls blood sugar levels.
2. Reduces cancer risk.
3. Improves blood circulation.
4. Improves immunity.
5. Builds bone tissue.



Strawberry:

Bilberry is used by mouth to treat poor circulation that can cause the legs to swell. Some people take bilberry for diabetes, high blood pressure, gout, urinary tract infections (UTIs), and many other conditions. Bilberry is also sometimes used by mouth to treat eye conditions such as disorders of the retina, cataracts, nearsightedness, and glaucoma. There is some evidence that bilberry may help retinal disorders, but there is no good scientific evidence that bilberry is effective for treating other eye conditions.



Yum Berry:

The yumberry, also known as a red bayberry, is a subtropical fruit native to Asian countries such as China. This reddish fruit with a juicy, slightly acidic flavor is eaten fresh, dried or canned.

1. Low-Calorie Sweet Treat.
2. Good for Your Heart.
3. Helps You Get Your Folate.
4. Skin Cancer Protective Nutrients.



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2. FRUITS

Banana:

Bananas are a tasty and convenient source of some important nutrients. Bananas are extremely healthy and delicious. They contain several essential nutrients and provide benefits for digestion, heart health and weight loss.

Benefits of Banana:

1. Bananas Contain Nutrients That Moderate Blood Sugar Levels.
2. Banana May Improve Digestive Health.
3. Banana may Support Heart Health.
4. Bananas Contain Powerful Antioxidants.
5. Bananas May Improve Kidney Health.
6. May lower your risk of stroke.
7. Can help keep your bones healthy as you age.



Barley:

Consuming a diet rich in whole grains may help reduce the risk of obesity, diabetes, heart disease, certain types of cancer, and other chronic health concerns.

Benefits of Barley:

1. Rich in Many Beneficial Nutrients.
2. May Help You Lose Weight.
3. Insoluble and Soluble Fiber Content Improves Digestion.
4. May Help Lower Cholesterol.

Beetroot:

Beetroots have an excellent nutritional profile that includes plenty of essential vitamins, minerals, and antioxidants. They also contain unique bioactive compounds called betalains, which may benefit a person's health.

Benefits of Beetroot:

1. Good nutritional profile.
2. Improving blood pressure.
3. Reducing inflammation.
4. Preventing anemia.
5. Protecting the liver.
6. Boosting athletic performance.



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Cauliflower:

Benefits of Cauliflower:

1. A source of antioxidants.
2. High in choline.
3. Rich in sulforaphane.
4. May support hormonal balance.
5. May support the immune system.



Garlic:

Benefits of Garlic:

1. Garlic May Help Lower Blood Pressure.
2. Garlic May Help Quell Inflammation.
3. Garlic May Help Lower Cholesterol.
4. Garlic May Support Immune Function.
5. Garlic May Reduce Blood Clotting.
6. Garlic Provides a Host of Antioxidants.



Gotu Kola:

Benefits of Gotu Kola:

1. It may help boost cognitive function.
2. It may help treat Alzheimer's disease.
3. It may help reduce anxiety and stress.
4. It may act as an antidepressant.
5. It may help ease insomnia.
6. It may help reduce appearance of stretch marks.
7. It may help relieve joint pain.



Kalonji:

Kalonji seeds have long been used in herbal medicine to treat a variety of diseases and conditions ranging from diabetes to arthritis. Its fruits contain numerous black seeds that have been used to treat diseases and conditions like diabetes, pain, and digestive tract problems

Benefits of Kalonji:

1. Packed With Antioxidants.
2. May Lower Cholesterol.
3. Could Have Cancer-Fighting Properties.
4. Can Help Kill off Bacteria.
5. May Alleviate Inflammation.
6. Could Help Protect the Liver.
7. Can Aid in Blood Sugar Regulation.
8. May Prevent Stomach Ulcers.

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Lemon:

Lemons include many vitamins and nutrients that can provide a boost to your body. It contains Vitamin C, Calcium, Potassium, Folate

Benefits of Kalonji:

1. Relieves a sore throat.
2. Cancer-fighting benefits.
3. Prevents kidney stones.
4. Aids in digestion.
5. Helps blood sugar.
6. Promotes weight loss and Helps clear skin.

Mulethi:

Benefits of Mulethi:

1. Respiratory & Digestive Disorders.
2. Reduces Stress & Depression.
3. Keeps your Liver Healthy.
4. Treats Skin Disorders.
5. Controls Cholesterol.
6. Boosts Immunity.



Orange:

Oranges are among the world's most popular fruits. Oranges are a healthy source of fiber, vitamin C, thiamine, folate, and antioxidants. They have multiple health benefits.

Benefits of Orange:

1. Protects your cells from damage.
2. Helps your body make collagen, a protein that heals wounds and gives you smoother skin.
3. Helps fight cancer-causing free radicals.
4. Makes it easier to absorb iron to fight anemia.
5. Boosts your immune system, your body's defense against germs.



Papaya:

The papaya is an incredibly healthy tropical fruit. It's loaded with antioxidants that can reduce inflammation, fight disease and help keep you looking young.

Benefits of Papaya:

1. Has Powerful Antioxidant Effects.
2. Has Anticancer Properties.
3. May Improve Heart Health.
4. May Fight Inflammation.
5. May Improve Digestion.
6. Protects Against Skin Damage.



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Pomegranates:

Pomegranates contain a range of beneficial plant compounds, unrivaled by other foods..

Benefits of Pomegranates:

1. Protects us from free radicals.
2. It thins your blood.
3. Prevention of atherosclerosis.
4. It acts like an oxygen mask.
5. It prevents arthritis.
6. Fights erectile dysfunction.
7. Fights heart disease and prostate cancer.

Grapes:

Grapes offer a wealth of health benefits due to their high nutrient and antioxidant contents. For thousands of years, they've been used in some cultures as medicine. Each of these small fruits is loaded with over 1,600 compounds and many of them can help keep you healthy.

Benefits of Grapes:

1. High Antioxidant Contents May Prevent Chronic Diseases.
2. Plant Compounds May Protect Against Certain Types of Cancer.
3. May Help Lower Blood Pressure.
4. May Help Reduce Cholesterol.
5. May improve memory, attention and mood.
6. Contains many nutrition important for bone health.



Pineapple:

Pineapple is more than just a delicious tropical fruit — it offers significant health benefits as well. "Pineapple is a great source of vitamin C, B vitamins, fiber, and minerals like manganese,"

Benefits of Pineapple:

1. Eating Pineapple May Enhance Your Weight Loss.
2. Eating Pineapple May Aid Your Digestion.
3. The Manganese in Pineapple Promotes Healthy Bones.
4. Pineapple Is Packed with Disease-Fighting Antioxidants.
5. Pineapple's Nutrient Profile Means the Fruit Can Help Boost Immunity.
6. Pineapple Fits in an Anti-Inflammatory Diet.



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3. HERBS

Alovera:

Aloe vera, or Aloe barbadensis, is a thick, short-stemmed plant that stores water in its leaves. It is best known for treating skin injuries, but it also has several other uses that could potentially benefit health

Benefits of Alovera:

1. It contains healthful plant compounds.
2. It has antioxidant and antibacterial properties.
3. It accelerates wound healing.
4. It reduces dental plaque.
5. It may improve skin and prevent wrinkles.



Seabuckthorn:

Sea buckthorn oil has been used for thousands of years as a natural remedy against various ailments.

Benefits of Seabuckthorn:

1. Promotes Heart Health.
2. May Protect Against Diabetes.
3. Protects Your Skin.
4. May Boost Your Immune System.
5. May Support a Healthy Liver.
6. May Help Fight Cancer Cells.



flaxseed:

Flaxseed is a plant-based food that provides healthful fat, antioxidants, and fiber. Some people call it a "functional food," which means that a person can eat it to boost their health.

Benefits of Flaxseeds:

1. Reducing the risk of cancer.
2. Improving cholesterol and heart health.
3. Easing the symptoms of arthritis.
4. Improving blood sugar.
5. Reducing the impact of radiation.
6. Flax Seeds May Improve Cholesterol.



Green tea:

Consuming green tea may positively affect skin health, help with weight loss, and reduce the risk of cardiovascular disease.

Benefits of Green Tea:

1. Cancer prevention.
2. Weight loss.
3. Inflammatory skin conditions.
4. Stroke risk.
5. Alzheimer's disease.
6. Lower cholesterol.



Mangosteen:

Mangosteen is a tropical fruit. The fruit, fruit juice, rind, twig, and bark are used as medicine.

Benefits of Mangosteen:

1. May Have Anti-Inflammatory Properties.
2. May Have Anticancer Effects.
3. May Promote Weight Loss.
4. Supports Blood Sugar Control.
5. Promotes a Healthy Immune System.

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Moringa:

Moringa oleifera is a plant that has been praised for its health benefits for thousands of years. It is very rich in healthy antioxidants and bioactive plant compounds.

Benefits of Alovera:

1. Moringa oleifera Is Rich in Antioxidants.
2. Moringa May Lower Blood Sugar Levels.
3. Moringa oleifera May Reduce Inflammation.
4. Moringa can Lower Cholesterol.
5. Moringa oleifera May Protect Against Arsenic Toxicity.
6. Moringa oleifera Is Very Nutritious.



Amla:

Amla also known as Indian gooseberry, Amla is a type of tree native to Asia. The tree is known for its small green fruits, which have a unique flavor often described as sour, bitter, and astringent.

Benefits of Amla:

1. Promotes immune function.
2. Enhances liver health.
3. Supports healthy digestion.
4. Promotes heart health.
5. May increase hair growth.
6. Improves kidney health.



noni:

The noni tree has big, green glistening leaves that bear noticeable veinous patterns. Noni tree has flowers and fruits throughout the year. Noni fruits can be eaten raw and ripped. Now noni juice is popular with multiple health benefits.

Benefits of Noni

1. May support heart health in tobacco smoker.
2. Boost energy level.
3. Help reduce pain.
4. Help reduce high blood pressure.
5. May reduce cancer risk.
6. Keeps skin healthy.



Ashwagandha:

Ashwagandha is an ancient medicinal herb. It's classified as an adaptogen, meaning that it can help your body manage stress. Ashwagandha also provides numerous other benefits for your body and brain.

Benefits of Green Tea:

1. Is an ancient medicinal herb.
2. Can reduce blood sugar levels.
3. Might have anticancer properties.
4. Can reduce cortisol levels.
5. May help reduce stress and anxiety.
6. May reduce symptoms of depression.

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WELLNESS NONI

Product Code: AMWL-1004

Unit: 1 Litre

DP: 1100

BV: 300

M.R.P.: 1500/-



WELLNESS NONI JUICE

Noni is the common name for Morinda citrifolia, Antioxidant and DNA Protection, Blood Lipid Normalization, High Sensitivity C-Reactive Protein (hs-CRP) and Homocysteine Reduction, Improvement of Joint Pain and Mobility, Increased Physical Endurance Increased Immune Activity, Weight Management and Mitigation of Osteoporosis, Hypertension, and Gingivitis

- 1. Lowers Risk of Gout:** Gout is a kind of arthritis that is caused by the buildup of uric acid crystals in the joints. "Studies have shown that Noni juice can reduce uric acid concentration in the blood, thereby lowering the risk of gout."
- 2. Boosts Energy:** "For thousands of years, Noni juice has been used to combat general body weakness, boost energy levels and improve the overall physical performance of the body", says Dr. Ashutosh Gautam, Clinical Operations and Coordination Manager at Baidyanath 4.
- 3. Moisturises Skin:** Dr. Deepali Bhardwaj, Dermatologist says, "Noni juice is a powerhouse of antioxidants and works as a great moisturiser, if applied on the skin".
- 4. Fights Aging:** Want skin like Miranda Kerr? Noni juice is packed with Vitamin C and selenium, which helps fight free radicals, preserve skin elasticity and reverse the adverse effects of ageing. Treats Scalp Irritation: It has antibacterial and antifungal properties, and can thus help treat scalp irritation."
- 5. Prevents Cancer:** "Noni juice contains a whole slew of cancer fighting nutrients," "Noni has shown immune-stimulating and tumor-fighting properties. The National Cancer Institute is funding preliminary research on Noni for breast cancer prevention and treatment."
- 6. Boosts Immunity:** "Strengthened immune system is yet another benefit of noni juice," noni juice possesses anti-bacterial, anti-inflammatory, antifungal and anti-histamine properties that boost the immune defense mechanism of the body.
- 7. Reduces Stress:** "Noni juice helps manage stress and reduces the impact of stress on cognitive function." But, only noni juice cannot give you the desired results. You must practice yoga or meditate along with your daily dosage of noni juice.
- 8. Treats Fever:** Studies suggest that Noni juice has antiviral properties and helps get rid of cough, fever and body ache. It is important to "take a shot of noni juice on a daily basis to reap the benefits."

Human intervention studies also indicate that noni juice may improve joint health, increase physical endurance, increase immune activity, inhibit glycation of proteins, aid weight management, help maintain bone health in women, help maintain normal blood pressure, and improve gum health.



WELLNESS ALOEVERTA

Product Code: AMWL-1005

Unit: 1 Litre

DP: 1000

BV: 334

M.R.P.: 1250/-



WELLNESS ALOEVERTA

(NATURAL & FIBROUS JUICE)

WELLNESS ALOEVERTA JUICE

Aloe vera is gel from the leaves of aloe plants. People have used it for thousands of years for healing and softening the skin. Aloe has also long been a folk treatment for many maladies, including constipation and skin disorders. Aloe vera is a popular medicinal plant that people have used for thousands of years.

Benefits of Aloeverta Juice:

1. It lowers blood sugar levels.
2. It may improve skin and prevent wrinkles.
3. It reduces constipation.
4. It helps treat canker sores.
5. Many people experience mouth ulcers, or canker sores, at some point in their lives. These usually form underneath the lip, inside the mouth and last for about a week. Trusted Source.
6. It reduces dental plaque.
7. It accelerates wound healing.
8. It has antioxidant and antibacterial properties.
9. Hydration.
10. Liver function.

Nutritious boost: It also contains small amounts of:

1. Calcium.
2. Copper.
3. Chromium.
4. Sodium.
5. Selenium.
6. Magnesium.
7. Potassium.
8. Manganese.
9. Zinc.

Aloe vera is one of the only plant sources of vitamin B-12, too.

This is excellent news for vegetarians and vegans.

1. Heartburn relief.
2. Digestive benefits.
3. Beauty hacks.
4. Keeping aloe vera juice on hand can also be good for a number of beauty and health needs.

Try using it for the following:

1. Makeup primer (apply before foundation)
2. Makeup remover
3. Sunburn soother
4. Lightweight moisturizer
5. Treatment for irritated scalp (mix in a few drops of peppermint oil)



WELLNESS GILOY

Product Code: AMWL-1006

Unit: 1 Litre

DP: 1000

BV: 334

M.R.P.: 1250/-



WELLNESS GILOY

(AMRITA JUICE)

WELLNESS GILOY JUICE

Health benefits of the plant that will make you want to embrace giloy:

Giloy can give your immunity the boost it needs: The heart-shaped herb is naturally doused in antioxidants that can help us fight off free radicals and disease-causing germs. It can help our body in removing toxins, purifying blood, combat liver disease, and urinary tract infections.

Being anti-pyretic in nature, it also can help fight off chronic fevers and is suggested to dengue patients. Giloy can also build our immunity to fight off foreign particles.

Giloy can help you manage diabetes: Giloy possesses properties that can help you manage diabetes by improving your body's blood glucose levels. The variety of phytochemicals in its composition work by reducing oxidative stress in the body and boosting natural insulin secretion. A 2010 research paper published in the journal Ancient Science of Life also states that giloy or Tinospora significantly counterbalanced diabetes-induced oxidative stress in the liver.

Giloy shall help us fight off respiratory issues: The phenomenal anti-inflammatory powers found in this immortal herb can help fight off any common respiratory issues such as frequent cough, cold, tonsillitis.

Other than pesky cold and cough, it can also provide relief to asthmatic patients. While symptoms such as chest tightness, shortness of breath, coughing, and wheezing make it difficult to treat asthma-giloy can help manage these symptoms better.

This heart-shaped herb can reduce stress and anxiety: Interestingly, giloy can be used as an adaptogenic herb. An adaptogen is basically a substance that helps our body adapt to stress. Since this health tonic can help our body get rid of toxins and boost our memory, it can also help us calm down.

It can also possibly protect your heart: A research paper published in the Journal of Ethnopharmacology studied the effects of Tinospora root in diabetic rats to find that it significantly reduced serum cholesterol levels in diabetic rats. Another study found that giloy can potentially normalise lipid metabolism, thereby indirectly benefiting your heart.

Giloy might just delay the onset of osteoporosis in women. An interesting research paper published in Maturitas, the official journal of the European Menopause and Andropause Society, claims that giloy root extracts can have an osteoprotective effect on the body, thus delaying the onset of osteoporosis if not completely prevent it.



PUNCH TULSI GOLD

Product Code: AMWL-1007

Unit: 25 ml

DP: 150

BV: 50

M.R.P.: 200/-

PUNCH TULSI GOLD

It is very helpful in controlling diabetes and has anti-bacterial, anti-fungal and anti-viral properties. It improves body's immunity against diseases and helps fight against them. It helps treating diseases like flu, dengue, joint pain, stones, blood pressure, excessive weight, allergies, sugar, ulcer, stress etc.

Health Benefits on Punch Tulsi Gold:

1. Boosts Immunity.
2. Heals Infections.
3. Purifies the Blood.
4. Cures Insect Bites.
5. Lowers Blood Pressure.
6. Treats Respiratory Disorders.
7. Maintains Blood Sugar Level.

They are known to be effective in cough, cold, acidity, constipation, stomach pain, abdominal pain and viral or seasonal fever, swelling in lungs, hypertension, chest congestion, fatigue, vomiting, obesity, arthritis, asthma, anemia and ulcers. Also removes blood impurities and increase the immunity of human body.

Usages: Put 4-5 drops of Punch Tulsi Gold in one glass of water, tea and juice as per your test.



ALO SMILE TOOTH GEL

Product Code: AMWL-1009

Unit: 30 ml + Free 30 ml

DP: 160 **BV:** 25

M.R.P.: 160/-



ALO SMILE TOOTH GEL

Tooth gel. Alo Smile tooth gel is effective in controlling bacteria that causes cavities than other commercially available toothpaste. Alo Smile toothgel's ability to kill and remove harmful microorganisms is due to compounds called anthraquinones, which are antiinflammatory.

Health Benefits of Alo Smile Tooth Gel:

1. Its natural teeth whitener.
2. Its fluoride free.
3. Prevent bleeding gums.
4. Prevent bad smell from mouth.
5. Prevent mouth ulcer.
6. Prevent gum swelling.
7. Prevent Pyorrhoea.
8. Prevent Mouth Odours.

Usages:

AS TOOTH GEL: Put 4-5 drops of Alo Smile Tooth Gel on your toothbrush and brush it gently.

AS MOUTHWASH: Put 4-5 drops of Alo Smile Tooth Gel lotion in 1/4 glass of water and gargle.





A M W **ARU MAITRI WELLNESS PVT. LTD**

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